



Stolen Mail

Protect yourself:

- Go Green. Have your bank statements and bills delivered or accessed electronically. Make as many payments as you can online. (Many banks offer free electronic bill pay services.)
- Get a locking mail box or consider a post office box if you feel you are vulnerable to theft.
- Never leave applications or checks in the box for your mail carrier to collect. Take the time to drive to your local post office or hand items to your mail carrier directly.
- Shred before disposing. You can never be too wary about what to shred. If it has your name or any other data about you or a family member, shred it. (Cross cut shredders work best.)
- Monitor your credit report. You are entitled to a free copy of your credit report from all three credit bureaus every 12 months at www.annualcreditreport.com. Take time to review credit reports them for inaccurate information or suspicious activity.

If you think you have fallen victim to mail theft or fraud, report it immediately! Along with state and local agencies, you should report fraud to the [Federal Trade Commission](#) and to the [US Postal Inspector](#).

Here are some [additional tips and resources](#) to prevent fraud and identity theft

THE AMERICAN ASSOCIATION OF DAILY MONEY MANAGERS (AADMM)

AADMM is a national membership organization representing individuals and businesses in the growing profession of daily money management. These professionals provide financial services to seniors and older adults, people with disabilities, busy professionals, high net worth individuals, small businesses and others. AADMM's mission is to support daily money management services in an ethical manner, to provide information and education to members and the public, and to develop a network of dedicated professionals.

For more information, contact:
American Association of Daily Money Managers
174 Crestview Drive, Bellefonte, PA 16823-8516
Phone: 814-357-9191 | [Email: info@aadmm.com](mailto:info@aadmm.com)